

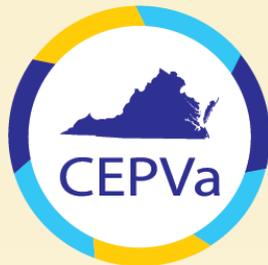
Kick-off Family First Prevention Services Funding Info Session

Request for Applications:

EBP Training Awards

to Potential EBP Provider companies / agencies

February 4th, 2022



CENTER *for*
EVIDENCE-BASED
PARTNERSHIPS



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EVIDENCE-BASED
PARTNERSHIPS

CEPVa

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Service delivery, systems & measurement research – child behavioral health



Plan

- Why EBPs?
- EBP mini-showcase
- Poll*
- RFA first cycle
- Q & A

Language

Parent + child

Supervision
vs.
Consultation

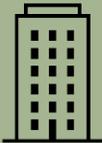
Distress



Providers

Practitioners

Purveyors



Evidence-Based Programs



technique / strategy

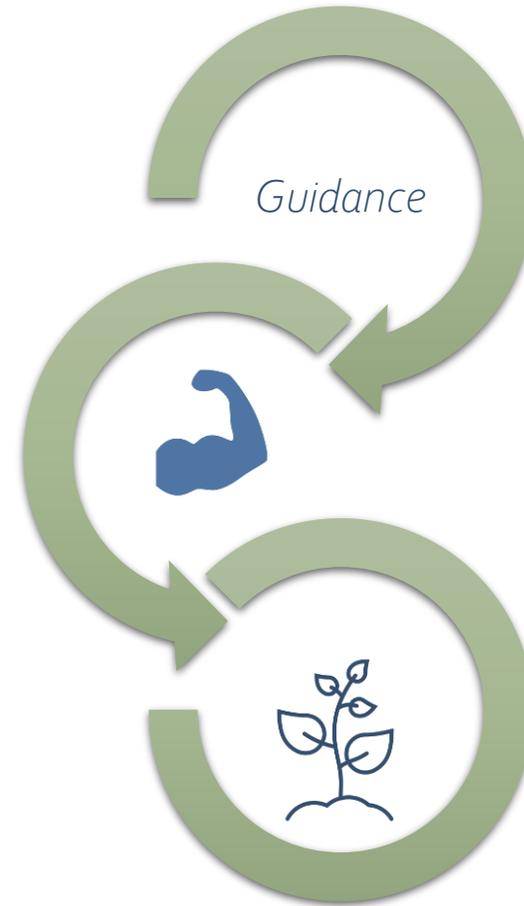


Secondary impact of EBPs

- ✓ Burnout prevention

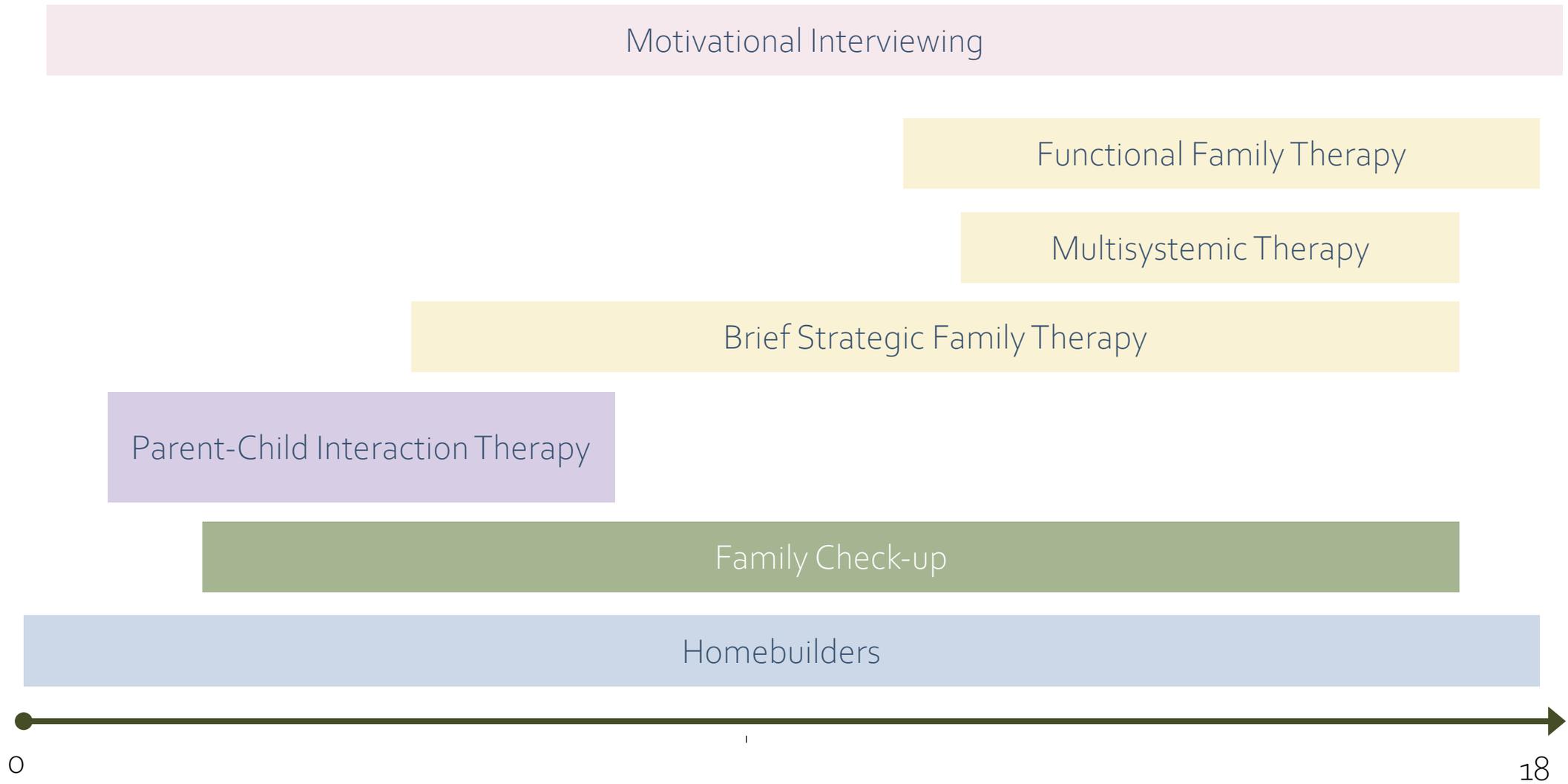
Supervision + outcome monitoring =

Guidance



Plan

- ✓ Why EBPs?
- EBP mini-showcase
- Poll*
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- Q & A



Brief Strategic Family Therapy

Family fit:

- ✓ 6-17 y/o
- ✓ Spanish-spkg pop.
- ✓ Law involvement

Family interactions → distress
Joining, diagnosing, restructuring

- 12-15 sessions*
- 60-90 min./wk
- Setting flexible

Provider fit:

- ✓ CBT, MI
- ✓ Adopt culture
- ✓ Site licensure
- ✓ 3:site

Practitioner fit:

- ✓ MA-level
- ✓ BA + 3 years
- ✓ Direct
- ✓ Conflict-facing

- Workshop(s) + 6 mos. consult
- Video recording equipment*

Functional Family Therapy

Family fit:

- ✓ 11-18 y/o
- ✓ child SU + family conflict + internalizing

Family-driven goals

Sequenced phases & strategies

- 4-8 mos.
- 60-90 min./wk + phone
- Home-based+

Provider fit:

- ✓ Travel to rural areas
- ✓ Teaming 8:1
- ✓ Site licensure

Practitioner fit:

- ✓ MA-level
- ✓ Full designation
- ✓ BA-level limited

- 1 + 2 + 2/2/2 sequenced trainings
- Graded train-the-trainer model
- Fade to yearly booster (1 day)

Multisystemic Therapy

Family fit:

- ✓ 12-17 y/o
- ✓ Out of home placement, conduct, law involvement
- ✓ Parent general MH

Ecological orientation

CBT + progress monitoring

- 3-5 mos.
- Home-based+

Provider fit:

- ✓ Travel to rural areas
- ✓ Site licensure
- ✓ 24/7 access
- ✓ Teaming 4:1*

Practitioner fit:

- ✓ MA-level*
- ✓ Full designation
- ✓ BA-level + 5 years
- ✓ 6:1 caseload

- 5-day workshop + 2 days for supervisors
- Boosters
- Weekly consultation ongoing

Parent-Child Interaction Therapy

- ✓ 2-7 y/o
- ✓ Disruptive + internalizing + parenting skills + parent MH*
- ✓ DD/ASD pop.

Behavioral + **attachment**-based

Parent coaching

- Progress-dependent: ~6 mos.
- Office-based
- Live coaching

Provider fit:

- ✓ Workplace culture
- ✓ Tech + admin support

Practitioner fit:

- ✓ MA-level
- ✓ Behavioral orientation
- ✓ Active agent

- 40 hrs didactics
- 2 full cases
- Exam

Homebuilders

- ✓ 0-18 y/o
- ✓ Family reunification & post-adoption
- ✓ Economic and housing stability

- 4-6 wks*
- ~40-50 hrs direct service
- 24/7

Practitioner fit:

- ✓ MA-level
- ✓ BA-level + 2 yrs
- ✓ 3:1 caseload

Crisis intervention theory

Skill-building for basic needs → permanency

Provider fit:

- ✓ Internal QI program
- ✓ Geographical range

- 2 wks of training + ~1 wk for sups
- Ongoing consult, extended site visits

Family Check-Up[®]

Family fit:

- ✓ 2-17 y/o
- ✓ Positive parenting practices

Thorough assessment to strengthen engagement and prepare for treatment

- Case management model
- Family-driven
- Homebased

Provider fit:

- ✓ Located within a service array
- ✓ MI

Practitioner fit:

No formal education requirement

- Variety of training to certification options

Motivational Interviewing

- ✓ For caregivers
- ✓ Reduce alcohol or substance use

Communication style to evoke natural change

- Setting and orientation agnostic
- Variable length

Provider fit:

- ✓ Organizational values
- ✓ Other EBPs

Practitioner fit:

- ✓ Licensed MA-level

- Training format TBD
- Video or audio recordings

Plan

- ✓ Why EBPs?
- ✓ EBP mini-showcase
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Request for Applications

Training Awards =

Training to certification + Implementation support



BSFT

Submit by Feb. 28th



Request for Applications

Requirements:

1. Demonstration of need
2. Baseline capacity
3. LDSS letter of support



Q & A